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Home Care Assistance Waterloo Wellington Sponsors Walk for Alzheimer's

In line with their mission to change the way the world ages and serve as a community resource on dementia care, Home Care Assistance Waterloo sponsored the Walk for Alzheimer's

(Waterloo, Ontario – January 28, 2017) [Home Care Assistance Waterloo Wellington](#), the trusted provider of in-home care for seniors, sponsored the Walk for Alzheimer's which was held this past Sunday, January 29th. Home Care Assistance was proud to join thousands of Canadians who walked to raise awareness and money around Alzheimer's disease and a cure. Walk for Alzheimer's is Canada's biggest fundraiser for Alzheimer's disease and other dementias. Monies raised support programs and services in local communities that improve the quality of life for people living with dementia and their families, and support other activities like education and public awareness. These walks take place every year in 150 communities across Canada.

In 2016 there were an estimated 564,000 Canadians living with dementia; there are 25,000 new cases diagnosed every year. By 2031, that number is expected to rise to 937,000, an increase of 66 per cent.¹ **Currently there are over 1.1 million** Canadians are affected directly or indirectly by the disease.

"We are humbled yet again to partner with the Alzheimer Society and sponsor the 2017 Walk," said Angie Kunnath, Chief Operating Officer of Home Care Assistance Waterloo & Wellington. "Our common objective is to raise awareness around the support system that exists for people living with Alzheimer's disease. Home Care Assistance's mission is to change the way the world ages through innovative offerings such as the proprietary Balance Care Method™, which is based on scientifically studies lifestyles of the longest living people on Earth, and our Cognitive Therapeutics Method™, a research based activities program to promote brain health."

Currently there is no cure for the disease but treatments for symptoms and interventions to slow disease progression are available, improving quality of life for Alzheimer's or dementia sufferers, as well as their caregivers. To this end, Home Care Assistance developed the [Cognitive Therapeutics Method™](#), a cognitive stimulation program to promote brain health. The program focuses on cognitive activities that target the five primary cognitive domains as well as coping strategies, sensory engagement, social skills, recreation, exercise and diet to enhance quality of life. Home Care Assistance caregivers are trained in the Method so that clients receive one-on-one mental stimulation as well as support with basic care and activities of daily living.

For more information about Home Care Assistance Waterloo, visit www.HomeCareAssistanceWaterloo.ca or call 519-954-2111 to speak with a care manager. The office is located at 324 Highland Rd W, Unit 12A in Kitchener, Ontario.

ABOUT HOME CARE ASSISTANCE

[Home Care Assistance](http://www.homecareassistance.com) is the leading provider of home care for seniors across the United States, Canada and Australia. We provide older adults with quality care that enables them to live happier, healthier lives at home. Our services are distinguished by the caliber of our caregivers, the responsiveness of our staff and our expertise in daily care. We embrace a positive, balanced approach to aging centered on the evolving needs of older adults. A 2017 Inc. 5000 Company and one of the [50 fastest](#) growing women-owned companies worldwide in 2016, Home Care Assistance's CEO Lily Sarafan was also named Health Care Executives' [2016 Woman of the Year](#). For more information about Home Care Assistance, visit <http://www.homecareassistance.com>.

References:

1 <http://www.alzheimer.ca/en/Get-involved/Raise-your-voice/Latest-info-stats>