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## Home Care Assistance Hosting “Hospital to Home” Open House with Leading Experts on Aging and Caregiving

*Home Care Assistance CEO Lily Sarafan will attend the event which will cover the country’s hospital readmission crisis at a seminar on the transition for aging adults from the hospital back to their homes*

**(Washington, DC – March 18, 2016)** Next week, [Home Care Assistance \(HCA\)](#), the leading provider of home care for seniors across the United States, Canada and Australia is hosting an open house and seminar on the [transition from hospital to home](#). HCA CEO Lily Sarafan, who is speaking at the 2016 [“Aging in America Conference”](#) in Washington, D.C. will be attending the open house. The presentation will be led by Joanna Navas, RN, a Nursing Supervisor for Home Care Assistance’s Bethesda location who has extensive expertise on helping patients smoothly transition home after a hospital stay.

One of the leading causes of hospital readmission is the lack of proper support following a hospital discharge. Each year hospitals across the country [spend billions of dollars](#) to treat patients readmitted within 30 days of discharge. HCA is committed to the health and safety of its clients and developed its [Hospital to Home Care program](#) to reduce avoidable hospital readmissions.

Earlier this week, [Women Health Care Executives](#) (WCHCE) announced that Ms. Sarafan is their 2016 Woman of the Year [add link to release/blogpost].

**What:** Home Care Assistance of Bethesda [“Hospital to Home” Open House](#)

**Who:** Home Care Assistance CEO Lily Sarafan & Nursing Supervisor Joanna Navas, RN

**When:** Tuesday, March 22th (5:00pm- 7:30pm)

**Where:** Home Care Assistance, [7950 Norfolk Avenue Bethesda, MD](#) (parking is around the corner on Del Ray)

To RSVP contact Megan Heinen: (650) 462-9501, [mheinen@homecareassistance.com](mailto:mheinen@homecareassistance.com)

### About Home Care Assistance

Home Care Assistance is the leading provider of home care for seniors across the United States, Canada and Australia. Our mission is to change the way the world ages. We provide older adults with quality care that enables them to live happier, healthier lives at home. Our services are distinguished by the caliber of our caregivers, the

responsiveness of our staff and our expertise in daily care. We embrace a positive, balanced approach to aging centered on the evolving needs of older adults. A 2016 Franchise500® and Inc. 5000 Company, Home Care Assistance has received numerous industry awards including Entrepreneur's Fastest-Growing Franchises and Franchise Business Review's Top 50. For more information about Home Care Assistance, our services and franchise opportunities, visit: <http://www.homecareassistance.com>.