



Media Contact:

Kathryn Zakskorn
Director of Marketing
650-462-9501

kzakskorn@homecareassistance.com

Home Care Assistance Denver to Host Family Caregiver Educational Workshop

The Family Caregiver event will be held February 23rd, 2016 from 6-8 p.m. at the Ross Cherry Creek Library Branch at 305 Milwaukee St. in Denver, CO and is open to the public free of charge

(Denver, CO – February 15, 2016) [Home Care Assistance Denver](#), a leading provider of non-medical, in-home care for seniors, is co-hosting a Family Caregiver Educational workshop with Carol Core of CarolCARE on Tuesday, February 23rd, at the Ross Cherry Creek Library Branch from 6-8pm. The library is located at 305 Milwaukee St. in Denver, CO. This event is free, open to the public and will offer valuable information and resources for family caregivers. Light refreshments will be served.

“We are very excited to be hosting this event because there needs to be a paradigm shift in the way society views aging,” said Samantha Co-Owner of Home Care Assistance Denver. “We see this workshop as a means to this end in jumpstarting that shift and instilling family caregivers with hope, resources and the support needed to help improve their loved ones quality of life while still finding time for themselves.”

The Family Caregiver Educational workshop will include the following:

- 10 Sanity Saving Tips for Caregivers
- Discover the Resources and help your seeking
- 10 Signs you loved one is ready for home care
- Five reasons quality in-home care can improve your loved ones quality of life while saving money on eldercare costs

The events co-host, Carol Core of CarolCARE, spent more than 12 years as a non-paid family caregiver and leveraged her personal expertise and knowledge to create CarolCARE – a firm dedicated to offering support, empowerment and relief to non-paid family caregivers. Carol also authored the book *50 Sanity Saving Tips for Caregivers, You Don't Have to Kill Yourself to Keep Them Alive*.

For more information about Home Care Assistance Denver please visit: www.homecareassistancedenver.com or call us at 720-443-3371.

ABOUT HOME CARE ASSISTANCE

Home Care Assistance, founded in 2002, is a leading international provider of non-medical, in-home senior care with franchises throughout the United States, Canada and Australia. Serving as a comprehensive alternative to a nursing home or assisted living facility for older adults, our mission is to provide the highest quality and most reliable in-home care service. Home Care Assistance successfully operates as North America's preferred brand for in-home care and maintains an intimate and personal rapport with each client. Here at Home Care Assistance we are dedicated to finding the highest caliber caregivers that we expertly match with the right recipient based on his or her needs. In addition, we do not require long-term contracts for services and remain on-call 24 hours a day. For more information, please contact Home Care Assistance at 778-279-3634, or visit online at: www.homecareassistance.com.