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Home Care Assistance Welcomes New Client Care Manager

Yana Rudakov brings over 18 years of home care experience to Home Care Assistance

(Palo Alto, CA – August 3, 2015) [Home Care Assistance](#), a leading provider of in-home care for seniors, hired Yana Rudakov as the new Client Care Manager to help improve the care of the company's clients in the Palo Alto area. Rudakov is a highly acclaimed senior care expert and brings over 18 years of professional experience to the company, including a MS in Counseling and a MS in Gerontology. She is widely recognized as one of the Peninsula's leading geriatric care specialists.

"We are honored to have Yana join our team," said Kathy Johnson, PhD, Founder and CEO of Home Care Assistance. "Yana will help the growing senior population in Palo Alto by introducing clients to the industry's best caregivers, ensure high quality care over time and help them live safely and independently at home."

As the Home Care Assistance Client Care Manager, Rudakov will coordinate premier care for seniors while providing advice and support to their loved ones and other elder care professionals. She will educate the community on Home Care Assistance's innovative approach to care within the home, promoting the many resources and programs the company has developed to help seniors thrive and to afford their loved ones peace of mind. She will also manage the experience of clients over the course of service by coordinating caregivers, assessing changing client needs over time, and conducting regular quality assurance visits.

Rudakov is a Certified Care Manager with over five years in Care Management and over 18 years experience working with older adults. She is passionate about the process of planning and coordinating the care of seniors and adults with physical and/or mental impairments in order to meet their long-term care needs, improve their quality of life and maintain their independence for as long as possible. She has worked as a Social Services Director at an Adult Day Health Center, as well as Clinical Social Worker for Family Service Agency & Jewish Home in San Francisco, gaining tremendous experience working with clients with dementia, various complex medical conditions and special needs. She has worked for Adult Protective Services and Hospice by the Bay with terminally ill patients. She is very knowledgeable and experienced in working with Doctors, Social Workers, Discharge Nurses, Psychiatrists and many other local agencies in helping clients and their families to get the care they deserve. She prides herself on educating clients and their families about the resources available on aging and long-term care and always provides the most open communication to both families and/or fiduciaries. She is a proud Founding Member and Board Member/Public Relations Chair for the Foster City Village, a concierge service for helping seniors remain at home. She is also a proud Board member of Foster City Rotary International, an organization that gives back to our local community

For more information about Yana Rudakov or Home Care Assistance, please visit www.HomeCareAssistance.com/Palo-Alto, call 650-462-6900 or visit the office at 148 Hawthorne Avenue in Palo Alto, CA.

ABOUT HOME CARE ASSISTANCE

Nationally recognized as a premier provider of live-in, around-the-clock care for seniors, Home Care Assistance's mission is to change the way the world ages. Our services are distinguished by the caliber of our caregivers, the responsiveness of our staff and our expertise in Live-In care. We embrace a positive, balanced approach to aging centered on the evolving needs of older adults. Home Care Assistance Caregivers provide care, safety, and companionship to seniors at home or in assisted living facilities and they help with meal preparation, personal hygiene, bathing, medication reminders, and transportation on both an hourly and live-in basis. In addition, caregivers actively engage clients in physical, mental, and social activities. Home Care Assistance caregivers are bonded, insured, covered by Workers' Compensation and screened for criminal backgrounds and driving histories to ensure that clients receive the best care from the most qualified caregivers. The company was founded in 2002 by Certified Care Managers and a PhD Clinical Psychologist. For more information about Home Care Assistance please visit www.HomeCareAssistance.com or call 1-866-454-8346.