



# Living Well at Home

With Personally Committed Caregivers





# We Do **Home Care** Differently

**Home Care Assistance** has a unique approach to caring for older adults. It starts with our carefully screened caregivers. It continues with enabling each client to choose his or her caregiver and being available to our clients 24 hours a day, 7 days a week. We offer a level of flexibility and service that is unmatched in the industry, turning home care from a service into a rewarding, positive relationship.

## Caregivers Who Both Care and Give

Our caregivers are the foundation of our company and what makes us different. Each is screened, trained in our Balanced Care Method™ and taught that clients' needs always come first. After an in-home assessment, clients choose their own caregiver. Interviewing and choosing your own caregiver fosters deeper companionship and a lasting bond between the older adult, the caregiver, and the entire family.

Not everyone can be a Home Care Assistance caregiver—only people who have experience working with older adults, no criminal background, appropriate references and legal right-to-work documentation. Prospective caregivers also take an exclusive screening exam developed by a licensed Ph.D. psychologist. Diligent screening results in caregivers who are genuinely and personally committed.

*"Bottom-line, your company provided me the choice of several qualified caregivers within 72 hours of my call; and the caregiver I selected from Home Care Assistance was a total blessing and I believe an answer to prayer. "Thank you" doesn't quite cut it, but that's all I have..."*

—Jeffrey J. Miller

## Choose the Services You Need

When illness, frailty or forgetfulness make daily living difficult, we can help. Flexible scheduling meets clients' specific needs, whether 24 hours a day or for just a few hours each day. We can provide care on a long-term or temporary basis, with no contract required and just a small hourly minimum commitment.

Home Care Assistance caregivers provide safety, companionship, and emotional support, devoting 100 percent of their attention to maintaining a positive and healthy home environment for as long as possible.

### Live-in Care

Caring for older adults who need continuous care is our specialty. Our live-in caregivers stay at the client's home 24 hours a day, giving family members peace of mind that their loved one is never alone. Primary and backup caregivers are provided for full-time, live-in care clients to help ensure continuous coverage.

### Hourly Care

Hourly care services help individuals maintain normal routines and activities of daily living. With just the right support, older adults can enjoy their way of life in their own homes, surrounded by their possessions, pets, and a familiar environment.

We can also provide companionship and monitoring during temporary hospital stays or in rehab and skilled nursing facilities. Clients can even take their caregiver with them on vacations, allowing everyone to travel with peace of mind.

*"... It's very hard to say goodbye to a parent and to watch them go from strong and healthy to begin their journey to the next place. Your staff made the process manageable. I can't tell you how valuable the service you offer is."*

—Bob Harris

## Promoting Wellness, Autonomy and Connection

Home Care Assistance developed the exclusive Balanced Care training program for caregivers. It is the first care solution to emphasize healthy aging and longevity. Balanced Care is based on extensive research on wellness and prevention to enhance quality of life for older adults as long as possible.

Caregivers are trained to promote a healthy diet, physical activity, a sharp mind, social ties, and a sense of purpose. By working with specific lifestyle behaviors, caregivers can help older adults live longer, happier lives. We also provide ongoing education on the latest developments in aging and longevity for caregivers and staff.

### Professionally Trained and Personally Committed

We count it a privilege to help improve clients' lives, even in small ways. Services can usually be delivered within a few short hours of contacting us.

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## *The Right Help at the Right Time*

### *Home Care Assistance services include:*

- *Cooking and light housekeeping*
  - *Laundry and change of bed linens*
  - *Grocery shopping and errands*
  - *Companionship and range of motion exercise*
  - *Bathing, dressing and grooming assistance*
  - *Transportation to medical appointments, supermarket, pharmacy*
  - *Assisting with walking and transfer from bed to wheelchair*
  - *Status reporting to family*
  - *Medication reminders*
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Call us today at **1-866-4-LIVEIN** or visit **HomeCareAssistance.com**



# About Home Care Assistance



Home Care Assistance provides services to older adults that enable them to remain independent in their own homes. We work closely with family members to support their loved ones' wishes to live life independently, providing an alternative to assisted living facilities and nursing homes. By keeping families together and inspiring older adults to live happier, healthier lives, Home Care Assistance is changing the way the world thinks about aging.



Home Care Assistance  
1-866-4-LiveIn  
[HomeCareAssistance.com](http://HomeCareAssistance.com)