



**Media Contact:**

Juliana Young

Community Liaison

720-287-1685

[jyoung@homecareassistance.com](mailto:jyoung@homecareassistance.com)

**Home Care Assistance Partners with the Vi at Highlands Ranch, Legacy Hospice and the 50 & Better Together Senior Outreach of Highlands Ranch to Host an Educational Series on Alzheimer's and Other Forms of Dementia**

*The three-part educational series for family caregivers will cover the progression of dementia, practical ways to maintain connection and engagement associated with dementia and community resources to help your loved one with dementia*

**(Douglas County, CO – September 5, 2014)** [Home Care Assistance of Douglas County](#), a leading provider of in-home care for seniors, is dedicated to partnering with other community members in an effort to increase awareness around longevity and aging. In line with this commitment to community education and the company's expertise in quality dementia care, Home Care Assistance of Douglas County is partnering with representatives from the Vi at Highlands Ranch, Legacy Hospice and the 50 & Better Together Senior Outreach of Highlands Ranch to host a free, three-part public workshop on Alzheimer's disease and other forms of dementia. The series, "Who Is That in the Mirror?" will be held from 11 AM to 1 PM on September 6<sup>th</sup>, October 4<sup>th</sup> and November 1<sup>st</sup>. The first presentation, held at the Westridge Recreation Center, will focus on understanding the progression of dementia, the second presentation, held at the Highlands Ranch Library, will cover practical tips maintain connection and engagement and the last presentation, held at the Westridge Recreation Center, will cover community resources to help along the way. Lunch will be provided.

"I believe it is my responsibility to share the wealth of knowledge that Home Care Assistance has with the community," said Jonathan Wells, Owner of Home Care Assistance of Douglas County. "Dementia is one of the most significant long-term health challenges we face. Providing public education to reduce caregiver burnout and improve quality of life is clearly in line with our mission to change the way the world ages."

More than six million people are living with Alzheimer's in the United States and Canada alone, and this number is expected to more than double by 2050. With over 40 percent of Home Care Assistance clients diagnosed with Alzheimer's or another form of dementia, the company has produced a number of resources including specialized caregiver trainings through Home Care Assistance University, various printed resources and public webinars for those caring for someone with dementia and a cognitive intervention program designed to improve quality of life and delay the progression of dementia-related symptoms. The fifth book in the company's award-winning, healthy longevity book series, [Mind Over Grey Matter: A New Approach to Dementia Care](#), offers practical guidance on caring for an individual with dementia as well as evidence-based techniques to improve quality of life. By being proactive and identifying potential problems that dementia sufferers may encounter, caregivers can better provide for their safety and wellbeing.

For more information about Home Care Assistance's superior in-home care services visit [www.DouglasCountyHomeCareAssistance.com](http://www.DouglasCountyHomeCareAssistance.com) or call 720-287-1685.

## **ABOUT HOME CARE ASSISTANCE**

Home Care Assistance is the leading provider of home care for seniors across the United States and Canada. Our mission is to change the way the world ages. We provide older adults with quality care that enables them to live happier, healthier lives at home. Our services are distinguished by the caliber of our caregivers, the responsiveness of our staff and our expertise in Live-In care. We embrace a positive, balanced approach to aging centered on the evolving needs of older adults. A 2013 Franchise500® and Inc. 5000 Company, Home Care Assistance has received numerous industry awards including *Entrepreneur's* Fastest-Growing Franchises and *Franchise Business Review's* Top 50. For more information about Home Care Assistance, our services and franchise opportunities, visit [homecareassistance.com](http://homecareassistance.com) or [franchise.homecareassistance.com](http://franchise.homecareassistance.com).