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Home Care Assistance Announces Third Book in its Senior Health and Wellness Series

“From Hospital to Home Care: A Step by Step Guide to Providing Care to Patients Post Hospitalization” is the first publication tailored to the unique needs of recently discharged patients and their families

(Palo Alto, CA – February 2, 2012) [Home Care Assistance](#), North America’s leading provider of in-home care, is excited to announce *From Hospital to Home Care: A Step by Step Guide to Providing Care to Patients Post Hospitalization*, the latest book in its senior health and wellness series. The book is the centerpiece of Home Care Assistance’s innovative Hospital to Home Care Program. Hospital to Home Care is a long-term partnership between Home Care Assistance and leading medical institutions to reduce avoidable hospital readmissions through consumer education on post-hospitalization care.

“The post-hospitalization transition can be a source of tremendous anxiety for patients and their families,” said Lily Sarafan, co-author and President of Home Care Assistance. “Patients need to adjust to the recovery process while families are often thrown into caregiving roles for the first step. Our goal is to provide families with the resources and information they need to ensure a high quality of care for the patient.”

From Hospital to Home Care provides a comprehensive overview of the discharge process and the challenges associated with every step in the transition from the hospital to the home. The book distills recommendations from experts and outcomes-based research in terms that are relatable and actionable for patients and their families.

“*From Hospital to Home Care* will take away so much of the uncertainty related to the hospital discharge process,” said Sarafan. “It is so important for families to know that they have options – continuing care, community organizations, professional caregivers and more. The resources are

already in place for us to dramatically reduce hospital readmissions; the key is arming families with that knowledge.”

From Hospital to Home Care: A Step by Step Guide to Providing Care to Patients Post Hospitalization is available for purchase on Amazon.com. For more information about the discharge process and resources that will help ease the transition from one care setting to another, visit www.HospitaltoHomeCare.com. You can also visit www.HomeCareAssistance.com or call 1-866-454-8346 for information about home care services and how expertly trained caregivers can assist with the post-hospitalization discharge process.

ABOUT HOME CARE ASSISTANCE

Home Care Assistance is the leading provider of home care for seniors across the United States and Canada. Our mission is to change the way the world ages. We provide older adults with quality care that enables them to live happier, healthier lives at home. Our services are distinguished by the caliber of our caregivers, the responsiveness of our staff and our expertise in Live-In care. We embrace a positive, balanced approach to aging centered on the evolving needs of older adults. A 2012 Franchise500® Company, Home Care Assistance has received numerous industry awards including *Entrepreneur's* Fastest-Growing Franchises and *Franchise Business Review's* Top 50. For more information about Home Care Assistance, our services and franchise opportunities, visit homecareassistance.com or franchise.homecareassistance.com.